

HEALING CHALLENGE at YMCA Camp Greenville

For Families who have lost a loved one

In Partnership with Winyah Community Hospice

December 3-5, 2010



A traditional camp experience for the whole family in a supportive and safe environment such as climbing, high ropes, hiking, crafts, songs and campfires.

Coping with the loss of a loved one is a challenge; one that will affect a family for a very long time. This retreat will give participants the chance to face challenges as individuals, as a family, and as a community of people coping with the same feelings of loss. The weekend will also give participants a chance to face their grief in a beautiful setting, away from the distractions of everyday life. Experienced staff and volunteers who have worked with bereaved children and adults, or who have experienced a loss themselves, will be on hand to share and facilitate the weekend. The goal of the retreat is for families who have lost a loved one to go beyond what they think their abilities are and to face up to their feelings surrounding what to do with life after experiencing death. The message of the retreat is that participants should see the strength within themselves, as well as their loved ones around them, and to make use of that strength.

- Camp Greenville is located in one of the most beautiful natural settings in the country. Located on a ridge overlooking the Carolina Piedmont, Camp Greenville features 1600 acres of land at 3000 feet elevation.
- The cabins are heated and equipped in traditional camp style, with bunk beds throughout. You will need to bring your own sleeping bag and/or bed linens, and bath towels. More information can be found on our website, www.campgreenville.org.
- Meals are cooked on site and are served buffet style, with plenty of chances to return for seconds. There is always a fresh fruit/cereal bar at breakfast and a salad bar at lunch and dinner. Meals for Healing Challenge include Friday dinner, breakfast, lunch and dinner on Saturday, breakfast and lunch on Sunday.
- Children must be supervised by a parent/guardian at all times except during planned activities in which children and adults will gather separately. Fun activities planned by staff are structured with the intention of parents participating with their children.
- Healing Challenge begins on Friday evening with check-in from 4-6 pm, and finishes on Sunday after lunch. Specialty activities such as archery, riflery, and bouldering will be supervised by trained staff and are available at scheduled times. Technically challenging hikes, such as Rainbow Falls will also be led by trained staff. All activities are optional and families are welcome to relax in a rocking chair or enjoy a leisurely hike around camp.
- Participants with a financial need are encouraged to apply for scholarships for any portion of the program fee that is not affordable. The YMCA uses a sliding scale to evaluate each applicant on an individual basis. Let us know your need, and we will work to help you.
- Thanks for your interest, and we look forward to seeing you at Camp!



Contact Taylor Fay at (864) 836-3291 ext. 108 tfay@ymcagreenville.org
or, go to "Special Events" at www.campgreenville.org.