

Packing for Camp

CLOTHING

Below is a list of clothing items that we recommend for bringing to camp **per session**. You know your camper best – please feel free to adjust the list, taking your child into account. We typically find that people over-pack for their camp experience. **No laundry opportunities are available**. We recommend the following be taken into consideration:

- (1) Items are comfortable and well used – no need to bring nice new clothing to camp.
- (2) All items are clearly marked with the name of the camper.
- (3) A sturdy trunk or a large duffel bag works best for storing items in the cabin.

	Traditional (1-week)	Explorers/Trekkers (1 week)	Outback (2 weeks)	Counselor-In- Training (2 weeks)
Short sleeve shirts or T-shirts	6	6	11	11
Long sleeve shirts or T-shirts	1	2	2	2
Shorts	6	4	7	7
Swim suit	1	1	2	2
Long pants (required for anyone doing horseback riding)	1	1	2	2
Light jacket, sweat shirt/suit, fleece jacket or sweater	1	1	1	1
Underwear	6	6	13	13
Socks	6	6	13	13
Pajamas / bed clothing	1	1	2	2
Hat or baseball cap	1	1	1	1
Bandannas	1	2	3	2
Poncho, raincoat and/or rain gear	1	1	1	1
Shoes with a heel (No Flip-flops) – hard soled shoes preferred; hiking boots with a heel will suffice	Required to do horseback riding!			
Tennis shoes – one pair for around camp & one for creek hikes, etc.	2	2	2	2
Hiking boots – already “broken in”	Optional	Suggested		

PERSONAL ITEMS (Please clearly label all belongings!)

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|---|---|---|
| <input type="checkbox"/> Wash cloths | <input type="checkbox"/> Flashlight and spare batteries | <input type="checkbox"/> Books, Bible, reading materials |
| <input type="checkbox"/> Towels | <input type="checkbox"/> Laundry bag (plastic garbage will <u>not</u> do) | <input type="checkbox"/> Pillow and pillow case |
| <input type="checkbox"/> Soap with case | <input type="checkbox"/> Writing utensils (pen, pencils) | <input type="checkbox"/> Twin size sheet set and blanket |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Writing paper and/or notebooks | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Stamped, self-addressed envelopes | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Water bottle (hard plastic preferred) | <input type="checkbox"/> Suntan lotion, sun block and/or sun screen |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Facial tissues | <input type="checkbox"/> Sport/water sandals (No Flip-flops) |

OPTIONAL ITEMS (Not required, but can make camp experience more enjoyable!)

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|---|---|---|
| <input type="checkbox"/> Waist pack and/or day pack | <input type="checkbox"/> Tennis racquet | <input type="checkbox"/> Word games (crosswords, etc.) |
| <input type="checkbox"/> Backpack | <input type="checkbox"/> Camera and extra film | <input type="checkbox"/> Items for tie dying (white t-shirts, pillow cases) |
| <input type="checkbox"/> Playing cards | <input type="checkbox"/> Journal & Pen / Pencil | |

ADDITIONAL FOR EXPLORER AND TREKKER CAMPERS

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|--|--|
| <input type="checkbox"/> Small bag (backpack or duffel bag to pack for short trips) | <input type="checkbox"/> Water bottle(s) |
| <input type="checkbox"/> Flashlight & batteries (headlamps work best) | <input type="checkbox"/> Hat |
| <input type="checkbox"/> Sleeping Bag: Should have a synthetic fill, be easily compressible and have a stuff sack that it will fit into. | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Sleeping Pad (Ensolite, Thermarest, etc.): Makes sleeping more comfortable and provides insulation against cold. | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Layers: Synthetic materials insulate better than cotton (fleece, polypro, under armor, etc.) | <input type="checkbox"/> Rain Gear |
| <input type="checkbox"/> Several pairs of your socks should be made of wool, nylon or a synthetic blend; cotton socks tend to retain water and may cause blisters on extended out of camp trips. | <input type="checkbox"/> Swimsuit (No 2-piece or bikini suits on adventures) |
| | <input type="checkbox"/> Extra pair of shoes (closed toe & back) |
| | <input type="checkbox"/> 2 Garbage bags (for wet clothes) |

Additional for Caving:

- Clothes that can get muddy
- 2 Light sources (Flashlight or Head Lamp) & batteries

**** If your camper has interest in a specific adventure that requires extra specialized equipment, plan on your camper bringing it so if they are able to go, they will be prepared.****

DO NOT BRING

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| × Weapons of any kind:
Knives, firearms,
bows and arrows, etc. | × Alcohol
× Tobacco in any form
× Non-prescription drugs | × Electronic Devices – iPods, MP3 Players, Video Games, Cell phones, any other personal entertainment device
× Food, candy or snacks (including chewing gum)
× Flip-flops |
| × Fireworks | × Skateboards or scooters | |

